

Prevention & Early Intervention Plan

Effective Date: April 19, 2011

State Approved Date:

Policy:

It is the policy of the Aging & Disability Resource Center of St. Croix County to identify ADRC customers and caregivers in need of prevention and early intervention services and connect those individuals to programs and services provided by the ADRC and other organizations in the community.

Procedure:

The ADRC of St. Croix County will provide a variety of evidence based and other prevention programs.

Evidence based programs provided by ADRC staff:

- Chronic Disease Self Management "Living Well"
- Stepping On Fall Prevention
- Eldercare in the Workplace : Finding the Balance

Other prevention and early intervention programs provided by ADRC staff:

- Fall prevention screening and education
- Memory screening and referral
- Nutrition risk screening "The Determine" and Nutrition Counseling
- Nutrition education
- Liquid Nutritional Supplement Program
- Senior Farmer's Market Nutrition Program
- Volunteer opportunities
- Adaptive equipment kit
- Adult Day programs
- Support Group for dementia, caregiving, vision impairment

ADRC staff will participate in community boards, committees, etc. to establish partnerships with community agencies and organizations that also provide services to ADRC customers. Participation will include sharing information on ADRC prevention and early intervention programs and obtaining information about other prevention and early intervention programs offered in St. Croix County and the surrounding area.

ADRC staff will continue to participate in the annual Youth Transition Conference "Keys to Success" in St. Croix County.

ADRC will sponsor with a collaborative coalition an annual "Caring for the Caregiver Conference" in the fall.

The Resource Center will offer a variety of written materials aimed at enhancing health and delaying the need for comprehensive long term care services including:

- Nutrition
- Lowering Risk of Diabetes
- Exercise
- Foot Care, Dental, and Free Medical Clinics
- Prevention Services provided by Medicare
- Depression Screening
- Mental Illness

Peer Specialists
Medication management including medication organizers
Caregiving
Chronic Health Conditions
Dementia

ADRC will support the following groups in the community:
Grandparents (and others) Raising Grandchildren
Greater Chapter Alzheimer's Association
NAMI

Information Assistance Specialists/Options Counselors and Benefit Specialists will refer ADRC customers to prevention and early intervention programs as appropriate. Programs are promoted in the monthly ADRC newsletter and on the ADRC web site.

Evidence based programs have specific reporting evaluation requirements and ADRC staff comply with those requirements. Programs funded with Older Americans Act funding are reported in SAMS. As appropriate, satisfaction surveys and other evaluation tools are used to evaluate programs. Results are reported to Council on Aging & Disabilities on a quarterly basis and to full county board in the Annual Report. Information is also made available on the ADRC web site.

ADRC currently contracts with a Registered Dietician and Registered Nurse.

Approved by:



Fred Johnson, HHS Director

4/25/11
Date



Brad Beckman, ADRC Manager

4-25-11
Date

Revised: